## 1. What are Club Sports?

- a. The Club Sports program provides students with a unique opportunity to build, develop, and enhance their leadership, organizational, and management skills in a fun, safe, and supportive learning environment. Participants in Club Sports at Lewis University involve themselves in competition, community, and building connections that enhance the Club Sports student-athlete experience at Lewis University through the Department of Student Recreation, Fitness and Wellness (SRFW) and the Lewis University community.
- 2. How can I join or learn more about a club sport?
  - a. Students can learn more about <u>club sports here</u> and find contact information for the clubs.
- 3. Can I start my own club sport?
  - a. Yes. To start a new club, students need to complete the New Club Interest form and then meet with a SRFW staff member to discuss your idea.
- 4. Does it cost money to join a club sport?
  - a. Yes, many clubs have dues (fees) for joining. The amount varies from club to club. Dues help pay for uniforms, travel, equipment, events, etc.
- 5. Do they travel?
  - a. Yes, some clubs will travel for games/tournaments/events. Transportation will be coordinated with the club president and the Student Recreation, Fitness and Wellness Center staff.
- 6. Do I have to fill out any paperwork to participate?
  - a. Yes, students must complete the following paper in DSE
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- 1. Important documents can be found on the Club Sports website under <u>Helpful</u> Resources.
  - a. Club Sports Manual
  - b. Club Leader Agreement
  - c. Travel Itinerary
  - d. New Leader Transition
  - e. New Club Interest
  - f. Club Sport Injury Report
  - g. Club Sports Passport
- 2. What do I need to do as a Club Leader?
  - a. To be a successful Club Leader, you will need to complete the items on the Club Sports Passport.
- 3. How do I schedule practices/meetings?
  - a. Student leaders should request space on campus at least 5 days before the meeting. Groups can reserve space by emailing an SRFW graduate assistant with the requested location, date(s), and time. Students can view what space is available here. Students can schedule practices/meetings for the entire semester (i.e., students who schedule times for the fall will have to resubmit dates and times at the beginning of the spring semester.)
- 4. How do I request money for my club?
  - a. Clubs automatically receive \$500 per year. As a reminder, students should be collecting dues and fundraising to help pay for operation costs for their club. Operation costs would be uniforms, equipment, travel costs (hotels, tournament fees, van rentals), event materials, etc.
- 5. If I have other questions, who can I contact?
  - a. SRFW Graduate Assistants:

i. Maddy: <u>mblotnik@lewisu.edu</u>ii. Kaelen: kdundek@lewisu.edu